

Lauren Hudson

Powerhouse Speaker

**Workshop Facilitator
Mistress of Ceremonies**

**Emmy Award Winning Television
News Reporter**

*The International
Princess of
Happiness*



**www.LaurenHudson.com
888.Lauren.5
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KEYNOTE SPEAKER – FACILITATOR – MISTRESS OF CEREMONIES



Lauren Hudson is a Powerhouse Speaker. Her background as an Emmy Award winning Television News Reporter, Celebrity Interviewer, Entrepreneur, and Cancer Survivor offers an undeniably unique perspective. Through high-energy, high-content presentations, Lauren shares informative and motivating lessons based on the hundreds of people she has interviewed as well as her own personal experiences, from bankruptcy to breast cancer.

Lauren has developed an indomitable spirit, along with personally-proven ideas for harnessing human potential. Audiences instantly connect with her humor, stories, and “tell-it-like-it-is” style. She creates an unforgettable experience that encourages others to grow through challenges, take life on, and find Happiness in the midst of it all. In fact, she is widely-recognized as *“The International Princess of Happiness,”* and founder of “The International Happiness Network” reaching all 7 continents in more than 70 countries and counting.

Corporations and organizations turn to Lauren Hudson to deliver specially-tailored presentations filled with valuable tools designed to impact participants personally and professionally. She is both knowledgeable and charismatic. When Lauren speaks, audiences listen, learn and enjoy

Her books and CD’s include: “Superpower Success,” *“In It to Win It,”* *“Surviving and Soaring,”* *“The Power of Happiness (with Les Brown),”* *“On the Road to Happiness . . .”* A new line of Positive-based products called *“Pathwords,”* has also been recently unveiled. And, several related media projects are currently in development.

Among her many honors, Lauren has received recognition from The National Association of Television Arts and Sciences; The Associated Press; The Detroit Press Club; The Michigan Association of Broadcasters. She was also named *“Who’s Who among American Women”* for being the first African-American Television News Director in the country. Additionally, Ms. Hudson has produced internationally-honored motivational videos with such notables as Walter Cronkite, Tom Peters, and Dr. Ken Blanchard.

Active in the community, Lauren has been named one of the ‘*Most Influential African-American Women in Metropolitan Detroit.*’ As a Breast Cancer Survivor, she was appointed as a national representative for the Saks Fifth Avenue “Fashion Targets Breast Cancer” campaign. Additionally, she has been recognized by Sears and the WNBA with its Breast Hero award, and has worked extensively with the American Cancer Society, Gilda’s Club and the City of Hope.



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WHAT PEOPLE ARE SAYING

“Outstanding job!” - Theresa Spralling, AT&T

“We wanted different and you gave us different. Thank you.” -
Tiffani Orange, Ford Motor Company

“You are exceptional.” – Dr. Priscilla Hines, U.S. Army Tacom

“Lauren brings with her credibility, motivation, and action.” -
Voncile Brown-Miller, American Cancer Society

“Thank you for sharing your time, talent, and enthusiasm. We are fortunate to have someone such as yourself as a role model.”
- Dr. William Peters, CEO, Karmanos Cancer Institute

“Please accept my deep appreciation for your unique style and presentation. It was definitely a highlight of the event.” –
Dr. Frank Vicini, Corporate Chief of Oncology, Beaumont Hospital

“She made me feel like I can do anything.” - Suzan, S.

“More than thought-provoking – Action provoking!” – Danielle F.

“Dynamic! Amazing!” – Alexis B.

“A true feeling of optimism. Very upbeat and powerful.” - Bonnie W.

“Her message was life-changing.” – Paul P.

“She touched us where it matters most, our hearts and minds.” –
Shabeth, O

“One of the best speakers I have ever heard.” – Bethany C.

“She gave positive advice. A great motivator.” – Keedra L.

“Honest. Encouraging.” – John C.

“Joyful. Entertaining. Stimulating.” – Debbie C.

“Funny. Motivational.” – Carol W.

“Lauren is a very powerful change agent. She gives people not only hope but gives them methods as to how they can change their lives and enrich their lives.” – Les Brown, Speaker/ Best-selling Author